



Centre  
Val de Loire

# INFORMATIONS

## TO PROTECT YOURSELF AND OTHERS FROM CORONAVIRUS



**Wash your hands  
very often**



**When coughing or sneezing,  
cover your mouth and nose  
with your arm or use  
a disposable tissue**



**Dispose of any tissues  
you have used**



**Avoid close contact  
when greeting people**

For further information



[GOUVERNEMENT.FR/INFO-CORONAVIRUS](https://www.gouvernement.fr/info-coronavirus)



**0 800 130 000**  
(free call)

[www.fnseacvl.com](http://www.fnseacvl.com)